



## **Tonquani New Continental and Cooked Breakfast menu**

### **Continental**

Enjoy our delightful continental breakfast buffet which is included in your B&B rate we have a selection of Seasonal Fresh Fruit , Mixed and Plain Yogurts, a selection of cereals, nuts, seeds and dried fruits as well as freshly baked muffins, scones or vetkoek and selection of fresh health and rye breads. Tea, Coffee, Hot chocolates and Cappuccino are included.

### **Cooked Breakfasts**

#### **On The Go**

Two eggs served with bacon, tomato & toast.

#### **The Tonquani Omelette**

(egg white option available)

A fluffy Omelette with your choice of the following fillings and toast.

(Cheese, bacon, mushroom, tomato or onion)

#### **New Orleans style French Toast**

French toast topped with crispy bacon & drizzled with maple syrup.

#### **The slimmer Choice**

Two poached eggs on wholegrain or rye toast & a grilled tomato.

#### **Full English Breakfast**

Two eggs served with bacon, mushroom, tomato & beans with your choice of toast.

#### **Pancakes**

Choose from the fillings: cinnamon & sugar, maple syrup, fresh fruit salad & honey or sliced banana & syrup.