



KNYSNA
GARDEN ROUTE
SOUTH AFRICA

Tonquani
LODGE & SPA

SPA MENU
www.tonquani.co.za

Welcome to our haven of peace and tranquility at the Tonquani Spa Studio. The studio offers a personal spa experience and is reserved for your exclusive use during treatments. It is ideal for couples and anyone wanting to spend quality time together. We pride ourselves in offering you a quality spa experience. Our skilled and friendly therapists work under the guidance of our naturopathic doctor to provide treatments that destress and relax body and mind.

BODY THERAPY

Holistic Body Massage 60min - R550 or 90min - R650

A gentle full body massage using nourishing oils that is ideal for relaxation.

Deep Tissue Massage 60min - R590

A firm pressure massage that focuses on releasing muscle tension using specially selected Lillian Terry oils.

Back, Neck & Shoulder Massage 45min - R390 or 60min - R550

A massage focused on easing muscle strain & stress in the back area.

Hot Stone Body Massage 60min - R590 or 90min - R690

The ultimate in sensory delight, this massage incorporates heated sea stones to warm a tired body and soothe a weary mind.

Candle Massage 60min - R590

A warm aroma candle oil is used to relax you during this body massage.

Head & Scalp Massage 30min - R320

A deeply relaxing massage focused on the head using warm scented coconut oil that nourishes the skin, hair and scalp.

Foot Therapy 30min - R320

Tired and aching feet are refreshed with a mint compress, sugar scrub & pressure point massage.

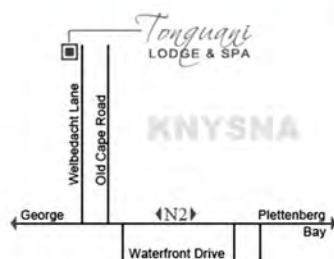
Pregnancy Massage Full Body 60min - R590

During this gentle massage, we ensure the utmost care for the well-being of the expectant mother & her baby. We make use of oils rich in vitamin E to help minimise the appearance of stretch marks whilst gaining the benefit of decreasing muscle tension, promoting relaxation & reducing swollen ankles. Recommended from the 2nd trimester onwards.

Pink Salt & Herb Full Body Exfoliation 30min - R290

Give tired skin a healthy glow and a silky soft feel with this fragrant body exfoliation.

www.tonquani.co.za
Tel: +27 (0)44 382 3680
+27 (0)44 382 5840
Fax: +27 (0)44 382 6991
Email: tonquani@mweb.co.za
Welbedacht Lane
cnr Cherry Lane,
Knysna, South Africa
S 34° 1' 56.2506" E 24° 0' 52.6104"



FACIALS

Esse offers you the best of natural skincare to enhance the health and beauty of your skin. Utilising the latest research, Esse offers you glowing, healthy skin with the help of probiotics, African plant extracts and nourishing oils. We love that it is a proudly South African product, Vegan Friendly, EcoCert, Beauty without Cruelty and Phytotrade certified.

Classic Esse Organic Facial 60min - R570

We tailor your Esse facial to your specific skin's needs.

Luxury Esse Organic Facial 90min - R690

This wonderfully beneficial facial includes a stress-relieving back massage, Esse facial tailored to your skin's needs and a beautiful Esse Travel set for you to take home.

MANICURES AND PEDICURES

Spa Manicure 60min - R270

Beautify your hands and nails with this delightful pampering spa treat. Includes nail shaping, cuticle care, exfoliation, hand massage, a mask and polish.

Mini Mani 30mins - R150

Includes exfoliation, nail shaping and polish.

Deluxe Pedicure 75min - R390

Treat your feet! A wonderfully relaxing pedicure including exfoliation, nail care, a foot mask, pressure point massage and polish.

Mini Pedi 30mins - R250

Includes exfoliation, nail shaping and polish.

PACKAGES

Packages include complimentary herbal tea and bliss balls

Tonquani Signature Treatment 120min - Single price - R1000
Couples price - R1800

Inspired by the beauty of our surroundings, this treatment incorporates essences of the forest and echoes of the sea. Enjoy a herbal salt exfoliation for a healthy, glowing skin. Next a full body aroma massage with warm herbal compresses eases away tension and stress. Conclude your experience with a nourishing Esse facial treatment (exfoliation, massage and mask).

Spa Your Way 60min - Single price - R590
Couples price - R1100

Choose your favourite 3 treatments:

Back Massage, Foot Massage, Head Massage, Paraffin Foot Mask, Hot Stone Therapy, Back exfoliation

Romantic Couples Treat 90min - R1200 per couple

Couples Candle Body Massage and Chocolate Foot Scrub

Pretty & Preggy 120min - R890

Soothing pregnancy massage and classic pedicure

APPOINTMENTS

The spa is open for treatments from Mon - Sat, 8am till 5pm. Treatments are by appointment only.

Health Conditions: Please ensure that you inform us of any health conditions, injuries or allergies when making a spa appointment.

Pregnancy: To guarantee the best possible service & your comfort, we are happy to offer expectant & nursing mothers specific treatments.

Cancellation: A 24hr cancellation notice is required. Failure to do so will incur a 50% cancellation fee.

Vouchers: A spa treatment is a thoughtful gift for someone special. We will happily arrange a voucher for your requirements.